

# Free and Healthy Children International (FHCi) 2018 Financial Report

**List of donors:**  
Thank you for your generosity!

Donations	
Anna Gray	\$2,400
The Solution	\$1,699.17
Pamela Swanson	\$400
Gina Consiglio	\$270
Mary Summers	\$200
Benefity	\$200
Mighty Cause	\$200
Timothy Cordell	\$150
Amber Currie	\$150
Amazons Smile	\$114.05
Mic donation < 99.99	\$395.25
<b>Totals</b>	<b>\$6,328.47</b>
ARHF contributions*	
Joe Roberts	\$59,600
All others	\$1,464
	<b>\$61,064</b>

## Assets & Liabilities

Assets	
Legal savings	\$4,730.07
One Coin	\$16,374.68
Research savings	\$1,002.02
Checking	\$1,356.77
<b>Total Bank Accounts</b>	<b>\$23,463.54</b>
Liabilities	
Opening balance	\$1242.68
Unrestricted net assets	\$14,240.21
Net income	\$7,980.65
<b>Total Liabilities and Assets</b>	<b>\$23,463.54</b>

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Children International  
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.5% of all  
purchases go  
to FHCi.

\*Amma Resonance Healing Foundation (ARHF) is focused on the treatment and prevention of epidemic diseases and the relief of trauma in Africa. FHCi passes tax deductible donations directly to ARHF.  
Learn more about ARHF here:  
<http://www.arhf.nl/en/home/>.



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## 2018 Board Members

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# Free and Healthy Children International 2018 Annual Report

January 2019

FHCi restructured the Board in 2018, allowing it to operate under "collaborative governance," rather than a directorship model. The FHCi Board has a total of twelve positions, each with three years of service:

**Apprentice** - 1<sup>st</sup> year, **Advocate** - 2<sup>nd</sup> year, and **Coordinator** - 3<sup>rd</sup> year. This rotating platform allows for participation in all aspects of leadership throughout one's term.

## Report from FHCi Board Members 2018

**Mary Baenen:** updated the FHCi booklets for US and UK, added HP for Streptococcal disease to the booklets, created a simpler HP booklet for additional children; and oversaw the creation of the annual report.

**Alison Bell:** maintained all accounts and fiscal duties, and chaired board meetings April through June.

**Kimberley Bennett:** participated in outreach to past and current Canadian HP supervisors to evaluate and problem solve limitation of access to HP in Canada. Kimberley resigned from the board during the year leaving a vacancy.

**Kate Birch:** relinquished oversight of board functions; developed board infrastructure with rotating chair schedules; trained board members for chairing board meetings; conducted budget analysis and review; and simplified various tech platforms and document review coordination. She participated in the Health Freedom Conference, introduced HP in the UK at the Alliance for Registered Homeopaths Annual Conference, facilitated the fall 2018 Strategic Planning Meeting; and continued to mentor HP supervisors through WhatsApp.

**Amber Currie:** organized a showing of Magic Pills for HP Awareness Week and two public HP lectures. She sent out a special end-of-year fundraising newsletter - the first of a recurring series and is working to streamline processes for FHCi.

**Sarah Damlo** managed the list of existing/new HP families; contributed to newsletters; updated the website; organized financials; engaged with board members and supervisors about membership; and compiled research data.

## A big *Thank You* to our 2018 volunteers ~ each of you are greatly appreciated!

Sheila Day (MO)  
Shelly Garrison (CA)  
Brenda Goldstein (CA)  
Jiuan Heng (NY)  
Jackie Krammer (MN)  
Kavitha Kukunoor (MI)  
Abby Matzke (MN)  
Ruth Pearson Smith (FL)  
Rena Sassi (CA)  
Stasia Steinhagen (MN)  
Kelly Zakariases (ID)  
Beheshteh Zargaran (MN)

## 2018 Volunteer Tasks

Attendance at conferences, gathering info on homeopathic associations, social media outreach through Facebook, WhatsApp, and Twitter, website updates, public lectures, public relation work, speaker at conferences, International Homeopathic Awareness Week, strategic planning meeting.

## Contact FHCi for volunteering in 2019!

[freeandhealthychildren.org](http://freeandhealthychildren.org)

Contact Us: [fhcint@gmail.com](mailto:fhcint@gmail.com)  
612-338-1668 or 805-826-FHCi  
1614 Harmon Place, Suite 204  
Minneapolis, MN 55403

EIN 46-2093772

**Uma Desai:** addressed international queries between Canada and UK; explored pharmacies to obtain the best nosodes; and chaired board meetings July through December while learning more about technology and the board's buddy system.

**Ursula Dobelmann:** produced the HP family newsletter keeping families informed of changes in FHCi bylaws and modifications to the membership platform.

**Adelle Hansen:** participated in the Health Freedom Conference and maintained monthly reconciliation of budgeted and actual income and expenses.

**Tana Harahan:** managed the public email and phone communications; oversaw the membership volunteer platform; and created additional social media campaigns. She chaired board meetings Jan, Feb, and March.

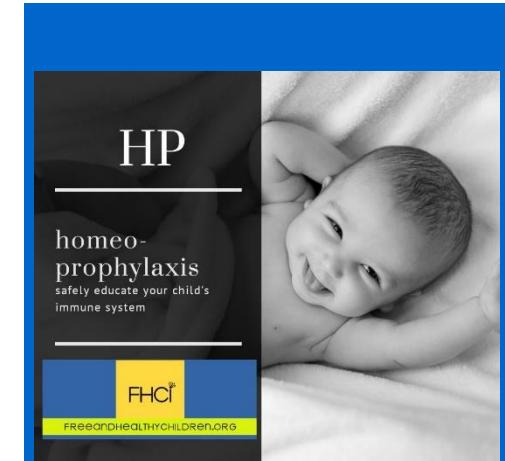
**Marci Mearns:** maintained the website, registration, and renewal platforms.

**Shiba Surti:** was the secretary for all board meetings in 2018.

## Collective Goals for 2019

FHCi held its second strategic planning meeting in November 2018. Goals from this meeting are as follows:

1. Streamline the management of board infrastructure, calendar of events, chairing responsibilities and internal buddy systems to keep us on task and improve outcomes.
2. Develop advanced HP education and a tech platform for HP Supervisors to effectively manage the needs of families from all backgrounds and health statuses. The focus will be on infectious disease management, immune system support, and vaccine injury recovery.
3. Develop a public education curriculum and platform to support families in finding the language to discuss homeoprophylaxis with their friends and families.
4. Conclude analysis of and publish the 10-year Homeoprophylaxis research results.
5. Development of an HP Supervision model that will build into it more client contact time to deepen family connections and greater adherence to the program.
6. Obtain international exposure and expansion to HP in Brazil, UK, India, and Turkey.
7. Increase social media presence during two important publicity weeks in April and August.



## Homeoprophylaxis as a Model of Service

- Providing the gift of HP for children's immune systems.
- Supporting families as they utilize HP for their children.
- Supporting HP Supervisors with their families and in their communities.
- Transforming HP Supervisors into leaders.
- Ensuring open access to HP with governance provided by the FHCi Board.

**2018 New Family Members:** 266  
**States with the most enrolled:**  
MN, CA, CO, FL, TX, MA, & CT

Free and Healthy Children International (FHCi) is a 501(c) 3 non-profit: Research, Education, and Access to Homeoprophylaxis.

## Save the Dates

**I. World Homeopathy Awareness Week (WHAW): April 10-16,** in celebration of Samuel Hahnemann's birth, each year homeopaths around the world collaborate, hold conferences and lectures, and increase their presence on social medial platforms to promote the use of Homeopathy. To learn more visit <http://www.worldhomeopathy.org/>.

**II. International Homeoprophylaxis Awareness Week (IHAW): August 4-10,** in the last weeks of summer, with the new school year looming and the push for infectious disease prevention programs, FHCi will make this a week of public education for famlies to learn options about legal requirements and how best to educate their child's immune system. Watch for research, articles, and lectures that will keep you informed on the latest in Homeoprophylaxis around the world.



## Four main areas of focus for 2019:

- **First quarter:** Complete the 10-year HP research with analysis and publication by June; send FHCi newsletters out monthly.
- **Second quarter:** Provide advanced HP education for existing HP supervisors; connect with HP supervisors in the field; facilitate participation in local presentations on HP; and encourage networking with families and communities.
- **Third quarter:** Develop a feedback system between HP Families and FHCi to elicit ways to support HP Family Members in communicating about HP with their families and the medical community.
- **Fourth quarter:** Hold strategic planning meeting for 2020 and draft 2019 annual report.